

MyMedicare Chronic Condition Management

Aboriginal and Torres Strait Islander peoples



Do you identify as Aboriginal and Torres Strait Islander?

Let your GP know if you are of Aboriginal and Torres Strait Islander background.

Your GP can make sure you receive the appropriate entitlements to support your ongoing healthcare needs.

Yearly Health Checks (715)

If you identify as an Aboriginal and Torres Strait Islander, you can attend your local GP, health clinic or Aboriginal medical service to get a yearly health check.

These health checks are important, especially if you have, or are at risk of, a chronic condition.

Your GP can then refer you to allied health professionals if needed.

Do you have a chronic condition?

As a patient, your usual general practice team can work with you to support your chronic condition care needs. Regular check-ups are a great idea to keep your condition well managed.

Integrated Team Care Program (ITC)

The ITC program is for patients with cancer, diabetes, respiratory, renal and/or cardiovascular disease. Patients may be eligible for financial support with medical appointments, medical equipment and transport to and from medical appointments.

My GP gave me a chronic condition management plan – what is that?

This is a plan that your GP develops with you and your healthcare team to support your care goals in relation to your chronic condition. This plan will be reviewed with you on a regular basis. Your GP may also give you referrals to other healthcare providers to assist you to achieve your goals.

Can I see a person of my choice?

You can take the referral to any eligible healthcare provider in the allied health service listed on the referral by your GP.

How many visits does my referral allow?

Medicare supports up to ten allied health visits per calendar year.

How much will it cost?

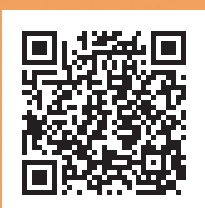
Medicare helps pay for these appointments, but you may still pay an out-of-pocket fee. Check the expected costs with your allied health provider when you book the appointment.

Example

Mary has diabetes and has been given two referrals. One to a podiatrist and one to a physiotherapist. Mary can choose which provider she sees, and how many times she sees them.

Mary decides to book six Medicare subsidised visits to the physiotherapist. This means she can only have four Medicare subsidised visits to the podiatrist. Any additional visits to either service will not be subsidised by Medicare.

Visit nbmphn.com.au/AboriginalHealth for more information.



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