

Recognise, Respond and Refer Program

An integrated health response to domestic and family violence.

- **Recognise** the signs of domestic and family violence
- Appropriately **Respond**
- Make effective **Referral** pathways



Blue Mountains | Hawkesbury | Lithgow | Penrith

Domestic and family violence is complex and can occur in all relationships.

The Nepean Blue Mountains Primary Health Network (NBMPHN) Recognise, Respond and Refer (RRR) program was designed as a whole of practice/centre approach to improve the primary healthcare response for those who may be affected by domestic and family violence (DFV).

The following services are provided:

- Access to a team of skilled and dedicated **DFV Linkers** who can provide a broad range of DFV support in your practice/centre.
- **Free DFV training** delivered to your practice* and online. Also includes access to *Your Practice Portal*** **webinars**.

**Minimum of 4 participants for in-practice sessions.*

***Your Practice Portal is an online education and training platform.
An initiative of NBMPHN.*



Domestic and Family Violence Linkers

DFV linkers have been engaged as part of our RRR program to provide support to practices/centres, and to minimise the waiting times for referral to appropriate services.

DFV Linkers provide a range of support to your practice/centre which can include:

- De-identified case consultations
- Resources and information
- Details on a range of relevant support services (financial counselling, advocacy, crisis services, access to court/legal assistance)
- Information on Behaviour Change programs
- Risk Assessments and Safety Planning

We have funded Relationships Australia to deliver the **DFV Linker service**.

Relationships Australia Linkers cover **Blue Mountains, Hawkesbury, Lithgow and Penrith**

**DFV Linker contact details
can be found on our website.**

www.nbmphn.com.au/DFVLinkers

Domestic and Family Violence Training

The one hour *Introduction to Domestic and Family Violence* session covers:

- The prevalence of domestic and family violence.
- The barriers to leaving/seeking support.
- Information on how to recognise the signs of domestic violence and the health impacts.
- How to appropriately respond to disclosures and make effective referral pathways.
- Resources and information on how DFV Linkers can support your practice/centre.

Webinars

This eLearning series of short webinars were developed by Australian General Practice Accreditation Limited (AGPAL) in consultation with local subject matter experts. These webinars provide health professionals a more detailed understanding of the prevalence of DFV within the following groups:

- Aboriginal and Torres Strait Islander peoples
- Children and young people
- Cultural and linguistically diverse
- People with disability
- Lesbian, gay, bisexual, transgender, intersex, queer+
- Men
- Older people

For more information, contact the DFV Program Development Officer on **02 4708 8100** or go to the website: www.nbmphn.com.au/DFV