



Mental Health HealthPathways now available!

- Mental Health Helplines
- Adult E-Therapy
- Child and Adolescent E-Therapy
- Bereavement Support Services
- Suicide Prevention Referrals
- Refugee Counselling and Services
- Acute Mental Health Assessment

Coming soon:

- Eating Disorders
- PTSD
- ADHD
- Perinatal
- Bereavement
- Older Persons
- Intellectual Disability



HealthPathways
Nepean Blue Mountains

nbm.communityhealthpathways.org



Health
Nepean Blue Mountains
Local Health District



Blue Mountains | Hawkesbury | Lithgow | Penrith