

Care Coordination Service

Chronic Condition Risk of Readmission Calculator (HARP)

Client Name: _____

Date of Assessment: _____

Part A: Clinical Assessment		Part B: Factors impacting on self-management	
Diagnosis of Chronic Respiratory condition such as COPD, asthma	1	5. Psycho-social and demographic issues (if the issue is present, circle Y, if absent circle N)	
Diagnosis of Chronic Cardiac condition such as CHF, Angina	1	Mental Health (depression, anxiety or psychiatric illness)	Y N
Diagnosis of Complex care needs in frail aged such as dementia, falls, incontinence	1	Disability (Intellectual, physical, visual, hearing)	Y N
Diagnosis of Complex care needs in people under 55 yrs such as mental health issues	1	Transport to services	Y N
Co-morbid diagnosis of diabetes and/or renal failure and/or liver disease	1	Financial issues (inability to afford health services and/or medication)	Y N
RATE the impact these factors have = Score	/ 5	CALD or Indigenous (health beliefs)	Y N
2. Service Access Profile		Illiteracy and/or limited English	Y N
Acute admission/presentation (Have you been to hospital more than once in the last 12 months including	4	Unstable Living Environment	Y N
No regular GP follow up (regular medical checks 2 times a year)	3	Socially isolated	Y N
Reduced ability to self - care (to the extent it impacts on disease management)	3	Drug and Alcohol problems	Y N
Add the scores = Score	/10	Rate the impact these <u>combined</u> factors have on the person's ability to self-manage their condition as nil, low or high.	
3. Risk Factors		No impact (on clients ability to self-manage)	0
Smoking	1	Low impact (on clients ability to self-manage)	7
Overweight/Obesity (Guide BMI 26-35)	1	High Impact (on clients ability to self-manage)	15
Underweight (Guide BMI <19)	1	Score	/15
High Cholesterol (total cholesterol \geq 5.5 mmol/L, HDL \leq 1.0 mmol/L, LDL \geq 2.0mmol/L)	1	6. Readiness to change assessment	
High blood pressure (\geq 140/90mmHg) or on medication for high blood pressure)	1	No Capacity for self-management (Cognitive impairment: end stage disease)	4
Physical inactivity (less than 30 mins/d & 4 days/wk)	1	Pre-contemplation (not ready to change)	3
Polypharmacy > 5 medications with difficulty Managing	1	Contemplation (considering but unlikely to change soon)	3
Add the scores = Score	/ 7	Preparation (Intending to take action in the immediate future)	2
4. Extenuating Factors		Action (Actively changing health behaviours but have difficulties maintaining plan)	1
Use of services previously	1	Maintenance (Maintained behaviour for \geq 6 months)	1
Carer Stress issues	1	Relapse (A return to the old behaviour)	3
No carer availability	1	Score	/4
Cognitive impairment	1	TOTAL SCORE (add 5 + 6) for Self- management impact	
Change to drug regimen	1	/19	
Chronic pain	1	PART C: RISK PROFILE	
Compromised skin integrity eg Wounds, PAC, Cellulitis	1	Calculate the risk profile by adding PART A and B	
Exposure to triggers for asthma	1	Total Score for A and B	
Add scores = Score	/ 8	/49	
TOTAL SCORE for Clinical Assessment		Level of risk	Score
Add scores for 1,2,3,4	/ 30	Urgent	39 - 49
		High	24 – 38
		Medium	11 – 23
		Low	1 – 10

Signature: _____

Doctor Name: _____

Name: _____

Date: _____