

Mental Health Nurse Program Referral Form
Please fax to **02 9673 6856** (*Mandatory Fields)



Blue Mountains | Hawkesbury | Lithgow | Penrith

Referring Doctor*		Phone No.*	
Address*		Date of Referral*	
Patient Name*		Gender	<input type="checkbox"/> M <input type="checkbox"/> F
Address *		Date of Birth*	
Mobile Phone *		Home/work phone	

Eligibility Criteria (The patient must meet all of the criteria to be eligible for Mental Health Nurse)			
Criteria 1*	Criteria 2*	Criteria 3*	Criteria 4*
Primary Diagnosis/Presenting Complaint: (please tick all that apply) <input type="checkbox"/> Depression <input type="checkbox"/> Bipolar disorder <input type="checkbox"/> Psychosis / schizophrenia <input type="checkbox"/> Adjustment disorder <input type="checkbox"/> Generalised anxiety <input type="checkbox"/> Panic disorder <input type="checkbox"/> Phobic disorder <input type="checkbox"/> Obsessive Compulsive Disorder <input type="checkbox"/> PTSD <input type="checkbox"/> Drug and alcohol misuse <input type="checkbox"/> Personality disorder <input type="checkbox"/> Behavioural disturbance <input type="checkbox"/> Other:	<input type="checkbox"/> The disorder causes significant disablement to the patient's social personal and occupational functioning	<input type="checkbox"/> the patient is expected to require continuing treatment and management of their mental health disorder over the next two years	<input type="checkbox"/> The patient has experienced at least one episode of hospitalization for treatment of mental health disorder, or is at risk of requiring hospitalisation in the future if appropriate treatment and care is not provided
Criteria 5* <input type="checkbox"/> A Mental Health Treatment Plan has been developed and is attached to this referral form			

Additional Information to support the Consumer				
Does the person speak a language other than English at home? <input type="checkbox"/> No <input type="checkbox"/> Yes	Is an interpreter required? <input type="checkbox"/> No <input type="checkbox"/> Yes	Does the person live on his/her own? <input type="checkbox"/> No <input type="checkbox"/> Yes	Has the person ever received specialist mental health care before? (public/private, medical, allied health) <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> Unknown	Receiving Psychotropic Medication (please tick all that apply) <input type="checkbox"/> None <input type="checkbox"/> Benzodiazepines <input type="checkbox"/> Anti-Depressants <input type="checkbox"/> Antipsychotics <input type="checkbox"/> Mood Stabilisers <input type="checkbox"/> Other – please list
If yes, what language is spoken?				
Is there a history of aggression towards health professionals? (For safety assessment purposes only. Will not affect acceptance of referral) <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> Verbal aggression <input type="checkbox"/> Physical aggression				
Reason For Referral What would you like us to do? What issues need to be addressed? (Attach a separate sheet if insufficient space)				

As the patient's general practitioner / psychiatrist I am principally responsible for the patient's clinical mental health care.

Practitioner Signature: _____ Date: _____

Patient consent: I give consent for information about my mental health and wellbeing to be collected, used and disclosed between my GP and mental health provider to whom I am referred, where this is required to assist in the management of my health care; and: I am aware that my name and date of birth will be collected and securely stored by the Nepean Blue Mountains PHN, for the purpose of accurately tracking referrals; and I am also aware that information (that will not identify me to any external parties) is being collected and used to assist in improving the regional MHNIP program. I understand de-identified information pertaining to services accessed will be recorded in the secure Primary Mental Health Care, Minimum Data Set (Australian Government, Department of Health) and that information handling and storage will be in adherence to the *Australian Government Privacy Act, 1988*.

Patient Signature: _____ Date: _____