MHNIP



Blue Mountains | Hawkesbury | Lithgow | Penrith

Mental Health Nurse Incentive Program

The Mental Health Nurse Incentive Program (MHNIP) provides longer term coordinated support to people with complex mental health concerns.

Under the MHNIP, mental health nurses work in collaboration with Psychiatrists and General Practitioners to provide services such as:

- Periodic reviews of patients' mental health support needs
- Support with patients medication
- Providing information and support to access integrated services from general practitioners, psychiatrists and allied health workers to address patients physical and mental health needs
- Support in accessing community services
- Support to test for the NDIS where appropriate

Patient eligibility:

- The patient has been diagnosed with a mental disorder according to the criteria defined in the World Health Organisation Diagnostic and Management Guidelines for Mental Health Disorders in Primary Care: ICD 10 Chapter V Primary Care Version; or Diagnostic and Statistical Manual of Mental Health Disorders - Fifth Edition (DSM-5).
- The patient's disorder significantly impacts their social, personal, work life
- The patient has been, or is as immediate risk of hospitilisation due to their disorder
- The patient will likely require treatment and management for their condition for up to two years.

Patient referral:

- GP ensures that a Mental Health Treatment Plan (MHTP) has been completed
- GP ensures the patient meets the entrance criteria as per the referral form
- GP contacts Mental Health Intake 1800 223 365 for an authorization code
- GP faxes the referral form and MHTP directly to the registered Mental Health Nurse.

The referral form and further details about the MHNIP is available on the website at <u>www.nbmphn.com.au/GP/MHNIP</u> or call 1800 223 365

