

Antenatal Shared Care Clinical Protocol

Week	Provider	Assessment	Investigations
5-12	GP	<ul style="list-style-type: none"> • Maternal health assessment • Psychosocial assessment • Dietary assessment • Discuss smoking and alcohol • Pregnancy dating • Prenatal screening/Antenatal tests • Discuss options for care +/- delivery • Provide details of future visits and • Advise to book into hospital at 6-7 weeks, ideally. Book before 12 weeks. <p>HealthPathways Antenatal – First Consult https://nbm.communityhealthpathways.org/37932.htm</p> <p>Patient to ring hospital to organise first visit for 12-13 weeks: Nepean 4734 2373 Katoomba 47 84 6572</p>	<ul style="list-style-type: none"> • BHCG/dating scan as indicated • Counselling and referral for Nuchal Translucency scan or offer NIPT • Provide education and offer reproductive carrier screening (Fragile X, CF, SMA) if not performed previously • Refer to specialist clinic for conditions excluded from shared care program • Discuss antenatal class booking <p>ROUTINE PATHOLOGY</p> <ul style="list-style-type: none"> • FBC, Blood group & Ab screen • Hep B & Hep C • Urine MCS • HIV • Syphilis screen <p>Consider:</p> <ul style="list-style-type: none"> • PCR for chlamydia and gonorrhoea (for – women ≤ 30 years or with risk factors) • Varicella (if no history of chicken pox) • Rubella • Vit D • TSH • Ferritin • Haemoglobin EPG • Cervical Screening if due • Early GTT (if high risk GDM)
13	Hospital booking in	<ul style="list-style-type: none"> • Ematernity history • Problem list delineation • Medical review of notes 	<ul style="list-style-type: none"> • Completion of antenatal screen if not already completed by GP • Psychosocial Screen & Edinburgh Depression Tool • Safe Start assessment/referral • Discuss morphology booking
12-15	GP	<ul style="list-style-type: none"> • Discuss Investigation results • EDB is calculated using a complex algorithm within the Ematernity database once all pregnancy information is collated and should not be altered without consultation with the hospital 	<ul style="list-style-type: none"> • Health promotions discussion • Influenza vaccination – any trimester • Referral for Morphology scan to be done between 18-20 weeks if not already referred by Hospital
16-20	Hospital	<ul style="list-style-type: none"> • Counselling from Senior Medical Officer if last birth a Caesarean section • Review history/results including Morphology • Approve model of care 	<ul style="list-style-type: none"> • Review of previous birth notes to determine suitability for NBAC
24-26	GP	<ul style="list-style-type: none"> • Routine check. Check BP, fundal height, assess fetal movements/FHR, U/A • Review ANC notes/18-week scan 	<ul style="list-style-type: none"> • Arrange Blood group & antibody, FBC and OGTT by 28 weeks • 2nd Syphilis screening
28	Hospital	<ul style="list-style-type: none"> • Routine check • Appointment with senior medical officer to determine suitability of NBAC as indicated 	<ul style="list-style-type: none"> • Anti-D injection, if indicated • C-section booking if required • Boostrix vaccine to be given 20-32 weeks – each pregnancy
31	GP	<ul style="list-style-type: none"> • Extra visit for nulliparous woman • Routine check, Check BP, fundal height, assess fetal movement/FHR, U/A 	
34	Hospital	<ul style="list-style-type: none"> • Routine check • Assess fetal lie – if breech refer Anti-D if Rh-ve 	<ul style="list-style-type: none"> • Anti-D injection • Birth plan and breastfeeding discussion
36	Hospital	<ul style="list-style-type: none"> • Routine check • Assess fetal lie – if breech refer to ANC for possible ECV 	<ul style="list-style-type: none"> • Birth plan and breastfeeding discussion • Low vaginal swab
38	GP	<ul style="list-style-type: none"> • Extra visit for nulliparous woman • Routine check, Check BP, fundal height, assess fetal movement/ FHR, U/A • Assess fetal lie, presentation, descent of head 	<ul style="list-style-type: none"> • Birth plan and breastfeeding discussion
39	GP	<ul style="list-style-type: none"> • Routine check, check BP, fundal height, assess fetal movement/FHR, U/A • Assess fetal lie, presentation, descent of head 	<ul style="list-style-type: none"> • Birth plan and breastfeeding discussion
40-41	Hospital	<ul style="list-style-type: none"> • Routine check • Assess fetal lie, presentation, descent of head • Manage according to prolonged pregnancy protocol 	<ul style="list-style-type: none"> • Birth plan and breastfeeding discussion

• For **URGENT** Clinical enquiries page on-call Consultant Obstetrician between 8am and 5pm on **4734 2000**

• For **NON-URGENT** Clinical enquiries call NUM, Women & Children's Outpatients Dept on **4734 2305**

• Blue Mountains Hospital Switchboard – **4784 6500** • Midwives Clinic – **4784 6572**



Health
Nepean Blue Mountains
Local Health District

