

Nepean Blue Mountains - Commonwealth Psychosocial Support

2024/25 - 2027/28

Activity Summary View



PAE - 1 - 2025-2026 CPS Access Enablers



Activity Metadata

Applicable Schedule *

Commonwealth Psychosocial Support

Activity Prefix *

PAE

Activity Number *

1

Activity Title *

2025-2026 CPS Access Enablers

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description

Aim of Activity *

Access Enablers are activities that will support service delivery, including service navigation, NDIS testing support, capacity and strengths-based assessment, regional loading and PHN operational activity
Access Enablers will broadly aim to improve integration of local health services, promote multi-disciplinary care, and make the health system more accessible to people with severe mental illness and associated psychosocial disorders.
Access Enablers will continue to strengthen the capacity of consumers to live independently, safely and productively in their community and form meaningful connections in a supportive environment.

Description of Activity *

NBMPHN will continue to engage a commissioned service provider to deliver the Commonwealth Psychosocial Support service, inclusive of access enablers and service delivery components through a range of non-clinical supports at a group or and or individual level. The services may include:

- increasing understanding of the service options available across a range of service domains
- increasing choice in accessing a broader range of relevant health and support services to achieve recovery goals and manage conditions day to day in the community
- supporting access and engagement with dedicated and specialised support services to meet social needs, particularly access to safe and appropriate housing
- increasing understanding for GPs , program managers and service providers of services available to support the social, mental and physical health needs of with severe mental illness and promote effective multi-disciplinary care
- collaboration between PHN and LHD to develop joint understanding of psychosocial consumer referral pathways, available supports, service gaps and emerging issues
- access to the supports needed to promote mental and physical health; and
- assisting with accessing stable, safe and appropriate housing, given the strong link between stable housing and positive mental health outcomes.

Access enablers will also support PHN operational activity related to the delivery of this activity.

Needs Assessment Priorities *

Needs Assessment

NBMPHN_Needs Assessment 2024

Priorities

Priority	Page reference
Address poor incorporation of lifestyle interventions into routine care for people with a mental health condition within primary and tertiary care settings	165
Enhance the Service provision for targeted short-term, low intensity support of non-clinical community-based care that aims to facilitate recovery for people experiencing severe, often episodic, mental	175
Address social isolation and stigma	176
Support Mental Health Literacy and navigation of the local service system	176
Maintain existing and develop new local mental health pathways	177



Activity Demographics

Target Population Cohort

People with severe mental illness and associated psychosocial functional impairment who are not accessing supports through the NDIS in the NBM region. Eligible people must be aged 16 years and over, noting exceptions may be made for people aged less than 16 years subject to approval by NBMPHN.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments**Coverage****Whole Region**

Yes

**Activity Consultation and Collaboration****Consultation**

Stakeholder consultation was initially carried out by the successful commissioned service provider for the design of group workshops and activities to maximize participation in the program throughout the region. This consultation process continues to support updating of service delivery requirements.

Collaboration

Collaboration activities include, but are not limited to, the following stakeholders:

- Consumers
- Carers
- GPs
- Allied mental health professionals
- Mental health peer workers
- NDIS
- Local non-government organisations
- Relevant community organisations
- Other local mental health services
- NBM Local Health District

**Activity Milestone Details/Duration****Activity Start Date**

29/12/2021

Activity End Date

29/06/2026

Service Delivery Start Date

01/07/2025

Service Delivery End Date

30/06/2027

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

N/A



PSD - 2 - 2025-2026 CPS Service Delivery



Activity Metadata

Applicable Schedule *

Commonwealth Psychosocial Support

Activity Prefix *

PSD

Activity Number *

2

Activity Title *

2025-2026 CPS Service Delivery

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description

Aim of Activity *

The aim of this activity is to commission the CPS Service Delivery to support people with severe mental illness and associated psychosocial functional impairment who are not accessing similar supports through the National Disability Insurance Scheme (NDIS) or state and territory based programs.

This will be achieved by:

- Facilitation of care coordination and non-clinical and clinical activities to enable the appropriate delivery of psychosocial support services in the community setting to support needs. These may be episodic and occur across several domains, including help with physical and mental health, employment, substance use, social isolation, family violence, access to appropriate housing, and navigating the justice system.

Description of Activity *

The activity will be conducted by the CPS commissioned service provider to ensure complementary and flexible services are delivered to support consumers experiencing severe mental illness by:

- increasing functional capacity to live independently in the community
- reducing the need for acute mental health services
- increasing connection and reduce isolation
- increasing knowledge and skills
- increasing engagement in daily activities, relationships and the community

- improving or stabilising mental health and wellbeing
- improving self-confidence and independence
- moving towards personal recovery goals and
- supporting access to appropriate supports, including the NDIS where appropriate
- access to brokerage funding where available to support consumer recovery needs.

Needs Assessment Priorities *

Needs Assessment

NBMPHN_Needs Assessment 2024

Priorities

Priority	Page reference
Address prevalence of diagnosed mental health disorders, including mild, moderate, and severe mental illness, and high prevalence of high or very high psychological distress among adults.	163
Enhance the Service provision for targeted short-term, low intensity support of non-clinical community-based care that aims to facilitate recovery for people experiencing severe, often episodic, mental	175
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In Scope AOD Treatment Type *

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Indigenous Specific Comments

Coverage

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Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

N/A