**Primary Mental Health Care Data Report**

Wentworth Healthcare Limited (ABN 88 155 904 975) provider of the Nepean Blue Mountains PHN.

Suite 1 Locked Bag 1797, PENRITH NSW 2751 or ataps@nbmphn.com.au

Please return with Invoice to: Mental Health Team, Wentworth Healthcare Blg BR Level 1, Wentworth Healthcare (NSW 2751) or ataps@nbmphn.com.au

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### Client Demographic Data (required at 1st session only)

1. **Main Language spoken at home:**
   - [ ] English
   - [ ] Other (Specify):
   - If other: How well does client speak English?
     - [ ] Very well
     - [ ] Well
     - [ ] Not well
     - [ ] Not well at all

2. **Aboriginal or Torres St Islander:**
   - [ ] Both
   - [ ] Aboriginal
   - [ ] Torres Strait Islander
   - [ ] Neither

3. **Country of birth:**
   - [ ] Australia
   - [ ] Other

4. **Gender:**
   - [ ] Male
   - [ ] Female
   - [ ] Other

5. **Marital status:**
   - [ ] Never married
   - [ ] Widowed
   - [ ] Divorced
   - [ ] Separated
   - [ ] Married (registered and de facto)

6. **Labour Force status:**
   - [ ] Employed full-time
   - [ ] Employed-Part time
   - [ ] Unemployed
   - [ ] N/A- Not in the labour force

7. **Source of income:**
   - [ ] Disability Support Pension
   - [ ] Other pension or benefit
   - [ ] Paid Employment
   - [ ] Compensation payments
   - [ ] Other (e.g. Superannuation, investments etc.)
   - [ ] Nil income
   - [ ] Not known

8. **Residential Status:**
   - [ ] Not Homeless
   - [ ] Sleeping rough or non-conventional accommodation
   - [ ] Short-term or emergency accommodation
   - [ ] Residential aged care

9. **Health Care Card:**
   - [ ] Yes
   - [ ] No
   - [ ] Not known

10. **NDIS Participant:**
    - [ ] Yes
    - [ ] No
    - [ ] Not known

11. **Program type**
    - [ ] NDIS
    - [ ] NPS
    - [ ] CoS
    - [ ] Not known

12. **Principle diagnosis (select one):**
    - [ ] Generalised Anxiety Disorder
    - [ ] Bipolar disorder
    - [ ] Schizophrenia
    - [ ] Eating disorder
    - [ ] Personality disorder
    - [ ] Attention Deficit Hyperactivity Disorder
    - [ ] Oppositional Defiant Disorder
    - [ ] Other (please refer to PMHC MDS list):

13. **Additional Diagnosis (Select one):**
    - [ ] Generalised Anxiety Disorder
    - [ ] Bipolar disorder
    - [ ] Schizophrenia
    - [ ] Eating disorder
    - [ ] Personality disorder
    - [ ] Attention Deficit Hyperactivity Disorder
    - [ ] Oppositional Defiant Disorder
    - [ ] Other (please refer to PMHC MDS list):

14. **Medication:**
    - [ ] None
    - [ ] Antipsychotics
    - [ ] Anxiolytics
    - [ ] Hypnotics and sedatives
    - [ ] Antidepressants (SSRI’S, SNRI’S, TCA’S)
    - [ ] Psychostimulants and Nootropics

15. **Has the individual had a recent history of suicide attempt or suicide risk?**
    - [ ] Yes
    - [ ] No
    - [ ] Not known

16. **Bushfire:** Are you accessing this service due high levels of distress resulting from the recent bushfires
    - [ ] Yes
    - [ ] No

17. **GP Mental Health Treatment Plan:** Do you have a current GP Mental Health Treatment Plan?
    - [ ] Yes
    - [ ] No
    - [ ] Not known

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### Client Session Data

| Service number | Service date | Service Duration (minutes) | Service contact type | Main Service (1 code only) See codes 1-4 or DNA | Contact Modality | Venue | Participants | Service postcode | Service contact? | Interpreter used? | Co-payment | Yes | No
|----------------|-------------|---------------------------|----------------------|-----------------------------------------------|-----------------|-------|-------------|-----------------|-----------------|-----------------|------------|-----|-----
|                |             |                           |                      |                                               |                 |       |             |                 |                 |                 |            |       |     |
|                |             |                           |                      |                                               |                 |       |             |                 |                 |                 |            |       |     |

**Outcome Tool used by service provider:**

- [ ] SDQ (version:
- [ ] K10
- [ ] K10+ (specify)
- [ ] K5

**SDQ Pre-score and date**

- Score: / /  
- Date: / /  

**SDQ Post score and date**

- Score: / /  
- Date: / /  

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### Referral Completion

<table>
<thead>
<tr>
<th>Treatment concluded</th>
<th>Client could not be contacted</th>
<th>Client declined further contact</th>
<th>Signature of AHP to confirm final report sent to the referrer</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Service contact Type:**

1. = Assessment
2. = Structured psychological intervention (e.g. Psychoeducation, CBT)
3. = Other Psychological intervention
4. = Clinical care coordination

DNA= Client Did Not Attend
PMHC MDS: Diagnosis List 2020

The Principal Diagnosis is the diagnosis established after study to be chiefly responsible for occasioning the client’s care during the current Episode of Care.

Additional Diagnosis is the main additional condition or complaint co-existing with the Principal Diagnosis or arising during the episode of care.

<table>
<thead>
<tr>
<th></th>
<th>Principal Diagnosis (ATAPS)</th>
<th></th>
<th>Additional Diagnosis (ATAPS)</th>
</tr>
</thead>
<tbody>
<tr>
<td>100:</td>
<td>Anxiety disorders</td>
<td>400:</td>
<td>Psychotic disorders</td>
</tr>
<tr>
<td>101:</td>
<td>Panic disorder</td>
<td>401:</td>
<td>Schizophrenia</td>
</tr>
<tr>
<td>102:</td>
<td>Agoraphobia</td>
<td>402:</td>
<td>Schizoaffective disorder</td>
</tr>
<tr>
<td>103:</td>
<td>Social phobia</td>
<td>403:</td>
<td>Brief psychotic disorder</td>
</tr>
<tr>
<td>104:</td>
<td>Generalised anxiety disorder</td>
<td>404:</td>
<td>Other psychotic disorder</td>
</tr>
<tr>
<td>105:</td>
<td>Obsessive-compulsive disorder</td>
<td>501:</td>
<td>Separation anxiety disorder</td>
</tr>
<tr>
<td>106:</td>
<td>Post-traumatic stress disorder</td>
<td>502:</td>
<td>Attention deficit hyperactivity disorder (ADHD)</td>
</tr>
<tr>
<td>107:</td>
<td>Acute stress disorder</td>
<td>503:</td>
<td>Conduct disorder</td>
</tr>
<tr>
<td>108:</td>
<td>Other anxiety disorder</td>
<td>504:</td>
<td>Oppositional defiant disorder</td>
</tr>
<tr>
<td>200:</td>
<td>Affective (Mood) disorders (ATAPS)</td>
<td>505:</td>
<td>Pervasive developmental disorder</td>
</tr>
<tr>
<td>201:</td>
<td>Major depressive disorder</td>
<td>506:</td>
<td>Other disorder of childhood and adolescence</td>
</tr>
<tr>
<td>202:</td>
<td>Dysthymia</td>
<td>601:</td>
<td>Adjustment disorder</td>
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<tr>
<td>203:</td>
<td>Depressive disorder NOS</td>
<td>602:</td>
<td>Eating disorder</td>
</tr>
<tr>
<td>204:</td>
<td>Bipolar disorder</td>
<td>603:</td>
<td>Somatoform disorder</td>
</tr>
<tr>
<td>205:</td>
<td>Cyclothymic disorder</td>
<td>604:</td>
<td>Personality disorder</td>
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<tr>
<td>206:</td>
<td>Other affective disorder</td>
<td>605:</td>
<td>Other mental disorder</td>
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<tr>
<td>300:</td>
<td>Substance use disorders (ATAPS)</td>
<td>901:</td>
<td>Anxiety symptoms</td>
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<tr>
<td>301:</td>
<td>Alcohol harmful use</td>
<td>902:</td>
<td>Depressive symptoms</td>
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<tr>
<td>302:</td>
<td>Alcohol dependence</td>
<td>903:</td>
<td>Mixed anxiety and depressive symptoms</td>
</tr>
<tr>
<td>303:</td>
<td>Other drug harmful use</td>
<td>904:</td>
<td>Stress related</td>
</tr>
<tr>
<td>304:</td>
<td>Other drug dependence</td>
<td>905:</td>
<td>Other</td>
</tr>
<tr>
<td>305:</td>
<td>Other substance use disorder</td>
<td>999:</td>
<td>Missing</td>
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</tbody>
</table>