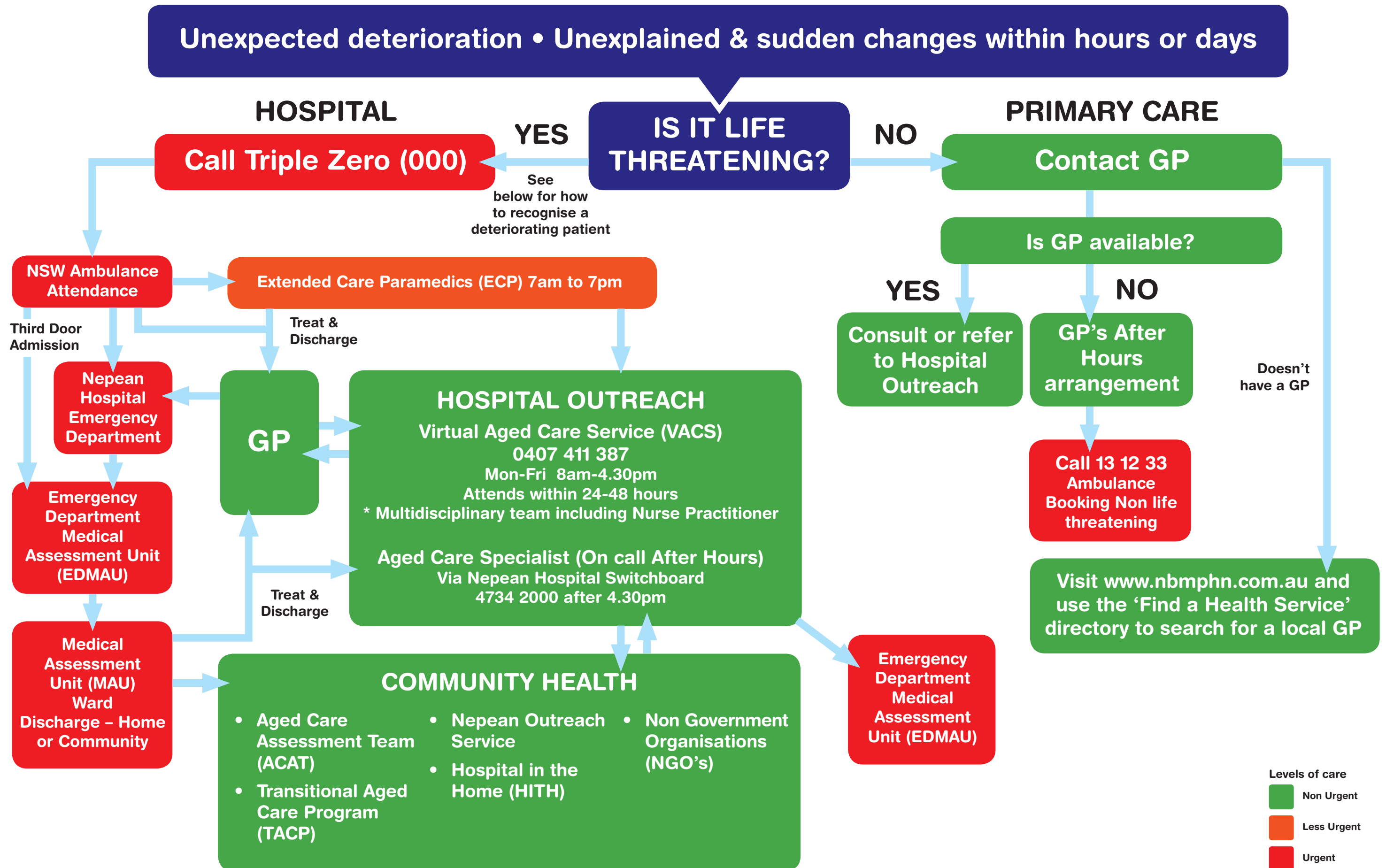


Rapid Health Decline in the Older Person – what to do?

Local Nepean Region Pathway – A local pathway to support those who care for older people with acute care needs.



Recognition of a Deteriorating Patient

LIFE THREATENING CONDITIONS include	RED (DANGER)	YELLOW (CAUTION)
	Respiratory rate $\leq 5/\text{min}$ or $\geq 30/\text{min}$	Respiratory rate $\leq 10/\text{min}$ or $\geq 25/\text{min}$
	Respiratory effort Obvious distress and /or cyanosis	Respiratory effort Unusually labored or noisy breathing
	Level of responsiveness Responding to Painful stimuli or Unresponsive	Level of responsiveness Responding to Verbal stimuli
	Heart Rate $\leq 40/\text{min}$ or ≥ 140	Heart Rate $\leq 50/\text{min}$ or $\geq 120/\text{min}$
	Systolic Blood Pressure $\leq 90\text{mmHg}$ systolic or $\geq 200\text{mmHg}$ systolic	Systolic Blood Pressure $\leq 100\text{mmHg}$ systolic or $\geq 180\text{mmHg}$ systolic
	Blood Glucose Level $\leq 4\text{mmol}$ & unresponsive or $\geq 28\text{mmol}$ or HI	Blood Glucose Level $\leq 4\text{mmol}$ or $\geq 14\text{mmol}$
		Temperature $\leq 35.5^\circ$ or $\geq 38.5^\circ$

Reference: Information sourced from NSW Ambulance (2016) as part of the Older Persons Care Consortium.

Rapid Health Decline in the Older Person – What to do?

Local Nepean Region Pathway – A local pathway to support those who care for older people with acute care needs.

This pathway was developed as an outcome from the Older Persons Care Consortium (August 2015, Penrith). Learn more about the Older Persons Care Consortium at www.nbmphn.com.au/PenrithForum

For further information, please visit the Nepean Blue Mountains Primary Health Network at www.nbmphn.com.au or contact on telephone 4708 8100.

View an interactive version of the pathway online at www.agedcarewentworth.com.au.

Wentworth Healthcare Limited (ABN 88 155 904 975) as Nepean Blue Mountains PHN. 097_0916