

My Health Record Fact Sheet

for Aboriginal & Torres Strait Islander peoples

Do I need a My Health Record? I'm healthy!	<ul style="list-style-type: none"> • My Health Record is for everyone. It is an overall picture of your health and overtime will show important health information like your medical conditions, medications, allergies and immunisations. • When you travel or visit another clinic the staff won't need to call your doctor to find out your medical story.
Why is it better than what you have now?	<ul style="list-style-type: none"> • Currently, your health information is stored at your local health service. If you travel or visit another clinic the staff will need to call your doctor to find out your medical story. • My Health Record travels with you wherever you go around Australia. If your doctor, nurse or health worker has internet access, they can look at your health story whenever they need to. • You won't have to remember what medications you take and you won't have to keep telling your health story over and over.
Is my data safe?	<ul style="list-style-type: none"> • Your My Health record is protected by law. There are tough privacy and security rules with penalties for people who break these rules. • You can control who can see your My Health Record. • If you have internet access, you can see who has looked at or updated your My Health Record. If you feel someone has accessed your My Health Record who should not have, you can call the help line on 1800 723 471.
Do I have to have one?	<ul style="list-style-type: none"> • Everyone in your area is going to be given a My Health Record. • But if you don't want one, tell us before the 27th May. You can do this in the following ways: <ul style="list-style-type: none"> ○ Call 1800 723 471 ○ Go to myhealthrecord.gov.au ○ Go and see someone at a Medicare Service Centre.
What happens now?	<ul style="list-style-type: none"> • You can see your My Health Record from mid June 2016. If you have internet access, you can go into your My Health Record and add emergency contact information and set access control. • Your authorised healthcare professional will be able to see and use it from mid July 2016.

To find out more go to myhealthrecord.gov.au, call 1800 723 471 or visit a Medicare Service Centre.